

# Developing Your Trauma Skilled Practice

# Virtual training on MS Teams – available dates:

16 <sup>th</sup> January 2023	Limited spaces
23 <sup>rd</sup> January 2023	Full
6 <sup>th</sup> February 2023	Available spaces
28 <sup>th</sup> February 2023	Available spaces



The NES Developing Your Trauma Skilled
Practice training developed for
professionals working with care
experienced Children and Young People
includes 2 e-modules, a one day training
session and 2 x 1 hour follow up coaching
sessions to support your trauma skilled
practice.

The training aims to help attendees to translate understanding and knowledge from the following areas into practice:

- Building and repairing relationships
- Helping people with their reactions to traumatic experiences
- Looking after ourselves as we look after others
- Hearing about experiences of trauma

### How do I get the most from this training?

- Commitment to of the full learning programme
- All participants will complete 2 "Developing Your Trauma Skilled Practice" e-learning modules 2 further modules are available for those who wish to deepen their learning
- Attendance at the one day session
- Optional coaching sessions to facilitate learning into practice are offered; 4 weeks and 8 weeks following the one day training (1 hour group sessions on Microsoft Teams

#### Who is it suitable for?

# This training is designed for:

- Health Visitors, School Nurses, or any healthcare professional whose role may involve contact with Care Experienced CYP
- Advocacy or support workers
- Children's Panel members/staff from SCRA
- Any other professionals working within health/3<sup>rd</sup> sector whose role involves Care Experienced CYP

## Register here - click here or copy and paste the long link below:

https://forms.office.com/Pages/ResponsePage.aspx?id=veDvEDCgykuAnLXmdF5Jmn5sCVvoDjxJtHpemtyesLNURFkxVU04WVRTQjlYRTVHT1pQRE5VSFI0NiQlQCNjPTEkJUAjdD1n

For any enquiries please contact: kim.bradie@nhs.scot or Ashley.johnstone@nhs.scot