

# Diabetes Pan Lothian Professional Education 2024

The Diabetes Pan Lothian Professional Education courses has traditionally been an essential component in diabetes education and training for Community Staff, Health Care Support Workers and Acute Staff in Lothian. The Lothian Diabetes MCN Team is now delighted to bring you the opportunities to attend the below courses in-person and online in 2024.

**To register on eESS, please click and view:**

[Diabetes Pan Lothian Study Days \(F2F\)](#)

[Diabetes Pan Lothian Study Days \(Virtual\)](#)

## Pan Lothian Management of Diabetes for HCSWs

This is currently a half day course for Healthcare Support Workers working in all settings across Lothian. You can choose to attend the course either in person or virtually.

Date and Time	Venue	Size of Class	Reg on eESS
0930-1130 Tue 16 <sup>th</sup> Jan	MS Teams (Virtual)	N/A	<a href="#">Virtual</a>
0900-1100 Mon 5 <sup>th</sup> Feb	Boardroom 1, Floor2, RIE	25	<a href="#">F2F</a>
0900-1100 Mon 10 <sup>th</sup> Jun	Boardroom 1, Floor2, RIE	25	<a href="#">F2F</a>
1300-1500 Tue 3 <sup>rd</sup> Sep	Houston Room, Medical Education Centre, SJH	25	<a href="#">F2F</a>
0900-1100 Wed 13 <sup>th</sup> Nov	Seminar Room 1, Medical Education Centre, WGH	25	<a href="#">F2F</a>

### Learning Outcomes

- Develop an understanding of the different types of diabetes, risk factors for developing diabetes, how it can present and how it is diagnosed
- Demonstrate an awareness of diabetes complications, signs and symptoms to recognise and how to reduce risks
- Understand the important impact of both diet and lifestyle on diabetes management
- Demonstrate knowledge of why and when blood glucose and ketone levels should be monitored, understand results and report appropriately
- Develop an understanding of foot problems related to diabetes and learn how to assess and refer appropriately
- Understand how diabetes emergencies can develop, how to recognise the signs and symptoms and what action to take
- Understand the ways in which self-care can be supported and independence promoted

## Diabetes Training for Registered Nurse

This in-person course is for Registered Nurses working in community and primary care settings across Lothian. The aim of the session is to enable staff to develop their confidence and competence in safely and effectively managing patients with diabetes in their own homes.

Date and Time	Venue	Size of Class	Reg on eESS
1300-1500 Wed 31 <sup>st</sup> Jan	MS Teams (Virtual)	N/A	<a href="#">Virtual</a>
0900-1100 Tue 27 <sup>th</sup> Feb	Boardroom 1, Floor2, RIE	25	<a href="#">F2F</a>
1300-1500 Wed 27 <sup>th</sup> Mar	Seminar Room 1, Medical Education Centre, WGH	25	<a href="#">F2F</a>
0900-1100 Mon 17 <sup>th</sup> Jun	Boardroom 1, Floor2, RIE	25	<a href="#">F2F</a>
1300-1500 Wed 4 <sup>th</sup> Sep	Houston Room, Medical Education Centre, SJH	25	<a href="#">F2F</a>

### Learning Outcome

- Develop an understanding of the different types of diabetes, risk factors for developing diabetes, how it can present and how it is diagnosed
- Demonstrate an awareness of diabetes complications, signs and symptoms to recognise and how to reduce risks
- Screening, prevention and early detection of type 2 diabetes

- Understand how mental health issues can affect people with diabetes
- Highlight the importance of the role of the nurse in promoting self-management and availability of new technology

For initial and essential core diabetes education, please access the relevant modules in the series "[An A-Z of NHS Lothian Diabetes Care](#)".

The Lothian Diabetes MCN Team will explore more virtual and in-person opportunities for courses covering a wider variety of topics. We will be happy to keep you posted when more dates and courses for the Diabetes Pan Lothian Professional Education are available. Meanwhile, if further information is required, please contact: [loth.diabetesmceducation@nhslothian.scot.nhs.uk](mailto:loth.diabetesmceducation@nhslothian.scot.nhs.uk)