

# Dementia Education Matrix



**The Dementia Education Matrix details dementia and delirium education available for NHS Lothian staff groups through TURAS or face to face (can be remotely delivered via Teams).**



# Promoting Excellence Knowledge and Skills Framework

## Levels of Knowledge and Skills

**Each level sets the specific knowledge and skills** specific staff need based on their role rather than their position in the organisation, or their profession.

The **Dementia Informed Practice Level** provides the baseline knowledge and skills required by **all** staff working in health care settings.

The **Dementia Skilled Practice Level** describes the knowledge and skills required by all staff who have **direct and/or substantial contact** with people with dementia, their families and carers.

The **Enhanced Dementia Practice Level** describes the knowledge and skills required by health care staff who have more **regular and intense contact with people with dementia**, provide specific interventions and/or direct and coOrdinate care for people with dementia.

The **Expertise in Dementia Practice Level** outlines the knowledge and skills required for health care staff who **through their role and practice setting, play an expert specialist role** in the care, treatment and support of people with dementia.

(Scottish Government 2021)

# Dementia/Delirium Education Matrix

Level of Promoting Excellence	Educational module/programme	Mode	Staff group learning resource is aimed at				
			Nursing	AHP	Medical	CSW	Non-clinical
Informed	NES Informed about Dementia – Informed Practice Videos  <a href="https://www.scot.nhs.uk/turas/learning-resources">Finding Dementia Learning Resources on TURAS (scot.nhs.uk)</a>	TURAS	X	X	X	X	X
	Distressed in an Altered Reality	Face to Face (only in SJH)	X	X		X	X
Skilled	Understanding and responding to the needs of people with dementia  Register eESS via link below- Login required  <a href="https://eess.mhs.scot.nhs.uk/">https://eess.mhs.scot.nhs.uk/</a>	Face to Face (Lothian Wide)	X	X	X	X	

	Essential in Psychological care in Dementia Email - SDtraining@nhslothian.scot.nhs.uk	Face to Face (Edinburgh and West Lothian)	X	X		X	
	NES Supporting People with Dementia in Acute Care <a href="#">Finding Dementia Learning Resources on TURAS (scot.nhs.uk)</a>	TURAS	X	X	X	X	

Level of Promoting Excellence	Educational module/programme	Mode	Staff group learning resource is aimed at				
			Nursing	AHP	Medical	CSW	Non-clinical
Skilled continued	NES Dementia Skilled Improving Practice <a href="#">Finding Dementia Learning Resources on TURAS (scot.nhs.uk)</a>	TURAS	X	X	X	X	
	NES introduction to Delirium <a href="#">Finding Dementia Learning Resources on TURAS (scot.nhs.uk)</a>	TURAS	X	X	X	X	
	NES What is Stress and Distress in Dementia <a href="#">Finding Dementia Learning Resources on TURAS (scot.nhs.uk)</a>	TURAS	X	X	X	X	

	NES Frontotemporal Dementia <a href="#">Finding Dementia Learning Resources on TURAS (scot.nhs.uk)</a>	TURAS	X	X	X	X	
	Think Capacity Think Consent (AWI) <a href="#">Finding Dementia Learning Resources on TURAS (scot.nhs.uk)</a>	TURAS	X	X	X	X	

Level of Promoting Excellence	Educational module/programme	Mode	Staff group learning resource is aimed at				
			Nursing	AHP	Medical	CSW	Non-clinical
Enhanced	Psychological Interventions in response to Stress and Distress in Dementia  Email - SDtraining@nhslothian.scot.nhs.uk	Face to Face	X	X	X		
	NES Promoting Psychological Wellbeing for People with Dementia and their Carers <a href="#">Finding Dementia Learning Resources on TURAS (scot.nhs.uk)</a>	TURAS	X	X	X	X	

	NES Promoting Excellence in Supporting People through a Diagnosis in Dementia <a href="#">Finding Dementia Learning Resources on TURAS (scot.nhs.uk)</a>	TURAS	X	X	X	X	
	NES Delirium: Prevention, Management and Support <a href="#">Finding Dementia Learning Resources on TURAS (scot.nhs.uk)</a>	TURAS	X	X	X	X	
	NES ACE-III Trainer <a href="#">Finding Dementia Learning Resources on TURAS (scot.nhs.uk)</a>	TURAS	X	X	X		
	<b>Educational module/programme</b>	<b>Mode</b>	<b>Nursing</b>	<b>AHP</b>	<b>Medical</b>	<b>CSW</b>	<b>Non-clinical</b>
	NES Improving Practice Learning Resource: Dementia Enhanced Practice Level <a href="#">Finding Dementia Learning Resources on TURAS (scot.nhs.uk)</a>	TURAS	X	X	X		
	Dementia Champions Programme (National Programme by application)	Face to Face	X	X			

	Cognitive Stimulation Therapy training workshops (NES delivered training)	Face to Face	X	X			
Expertise	Dementia Specialist Improvement Leads (DSIL) (National Programme by application)	Face to Face	X	X			
	Psychological Interventions in response to Stress and Distress in Dementia – Training for Trainers (NES delivered training)	Face to Face	X	X			