

# Request for Service for Edinburgh Falls Assessment and Rehabilitation Referrals

You can make a referral via TRAK for a multifactorial falls assessment and rehabilitation using the Request for Service (RFS) Questionnaire sent to Social Care direct.

**If you are also referring for a Package of Care, please complete a separate RFS, to ensure that this gets sent to the appropriate team.**

General information and guides for Request for Service can be found at the following links:

- [Request For Service \(scot.nhs.uk\)](https://www.scot.nhs.uk) – TRAK training video
- [Request for Service Guidance V0 06.pdf \(scot.nhs.uk\)](https://www.scot.nhs.uk) – guidance doc
- [Interagency Information Exchange \(scot.nhs.uk\)](https://www.scot.nhs.uk) – Intranet page with links
- [Login \(scot.nhs.uk\)](https://www.scot.nhs.uk) – Adult RFS quick guide

Referral specific “canned text” is available to pre-populate the two sets of required referral questions.

1. Type **\freq** followed by space to insert the first group of pre-formatted questions.
2. Hit return
3. Then type **\fsum** followed by space to add the second group of essential questions.

## **\freq (spacebar) – Use in RFS “Main Reason for Request” box**

- Reason for Referral (e.g. Falls Pathway)
- Urgency
- Has the person given consent for referral to be made?

## **\fsum (spacebar) – Use in RFS “Summary of Relevant Background/Medical Information (overwrite the existing text in this box)**

- When and where did fall(s) occur?
- Reason for fall? (Was it due to a known medical condition or other factor?)
- Any injuries as result of fall? (Has medical attention been sought if possible head or other injury, if not signpost for this)
- Any change in function noted after fall?
- Is there anything else to highlight relating to the falls risk for this person?
- Are there any identified risks to workers? (eg lone working risk, animals, poorly lit access etc)
- Past Medical History (any known medical conditions?)
- For GP’s/health care professionals only: Is the person medically fit/able to participate in an exercise programme?
- Access arrangements
- NOK/alternative contact details

