

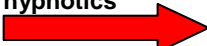








Drugs Which May Increase the Risk of Falls and Harm

Group	Common Drug Names	Contributing Factors
Anti-depressants 	Amitriptyline, dosulepin (Dothiepin), imipramine, lofepramine, citalopram, fluoxetine, trazadone, mirtazepine, venlafaxine.	Drowsiness, blurred vision, dizziness, postural hypotension, constipation, retention of urine.
Anti-psychotics 	Chlorpromazine, haloperidol, lithium, promazine, trifluoperazine, quetiapine, olanzapine, risperidone.	Postural hypotension, confusion, drowsiness, Parkinsonian symptoms.
Sedatives and hypnotics 	Tempazepam, diazepam, lorazepam, nitrazepam, zopiclone, chlordiazepoxide, choral betaine (Welldorm), clomethiazole.	Drowsiness which can last into the next day, lightheadedness, confusion, loss of memory.
Anticoagulants 	Warfarin, dalteparin, heparin, clexane, enoxaparin, fragmin, minihep.	Postural hypotension, low blood pressure, light-headedness, bruising. Risk of internal bleeding after fall.
Drugs for Parkinson's Disease 	Co-beneldopa, co-careldopa, rotigotine, amantadine, entacapone, selegiline, rivastigmine.	Sudden daytime sleepiness, dizziness, insomnia, confusion, low blood pressure, blurred vision.
Drugs with anti-cholinergic side effects 	Procyclidine, trihexyphenidyl (Benzhexol), prochlorperazine, oxybutynin, tolterodine.	Dizziness, blurred vision, retention of urine, confusion, drowsiness, hallucinations, postural hypotension.
Cardiovascular drugs 	ACE inhibitors / Angiotensin-II antagonists Ramipril, lisinopril, captopril, irbesartan, candesartan. Vasodilators Nitrates / Calcium channel blockers e.g. isosorbide mononitrate/Amlodipine Diuretics bendroflumethiazide, bumetanide, furosemide, amiloride, spironolactone, metolazone. Beta-blockers Atenolol, bisprolol, carvedilol, propranolol, sotalol. Alpha-blockers Doxazosin, alfuzosin, tamsulosin hyperplasia).	Low blood pressure, postural hypotension, dizziness, tiredness, sleepiness, confusion.
Analgesics 	Codeine, tramadol. Opiates – morphine, oxycodone.	Drowsiness, confusion, hallucinations, postural hypotension.
Anti-convulsants or pain modulators 	Lamotrigine, clonazepam, phenytoin, phenobarbitone, carbamazepine, sodium valproate, gabapentin primidone.	Drowsiness, unsteadiness, confusion

IT MAY NOT BE POSSIBLE TO STOP A DRUG IF IT RISKS A DETERIORATION IN THE PATIENT'S OTHER CONDITION E.G. HEART FAILURE, EPILEPSY, DEPRESSION OR PARKINSON'S DISEASE.