Statistics as of: 0900 09/03/2020

UK: 319 positive cases
Scotland: 23 positive cases

Action

- Please always carry tissues and follow the ‘catch it, kill it, bin it’ guidance after sneezing.
- Regular, thorough hand washing with soap and water remains our best defence against the spread of Covid 19.
- Avoid touching your face
- Clean surfaces regularly.

National Guidance/Updates

The list of Category 1 risk areas has expanded. Please check the current list here:
https://www.fitfortravel.nhs.uk/home

People returning from a Category 1 risk area must self-isolate for 14 days even if no symptoms are present. Under no circumstances should healthcare workers return to work on return from a category 1 area without this period of quarantine.

If you have any concerns or questions please ask your line manager or call Occupational Health on:

0131 536 1135 option 5 for NHS staff.

Or email on OHenquiries@nhslothian.scot.nhs.uk

NHS Lothian Information

PPE & Facemasks

We are following national guidance regarding the supply of protective clothing and equipment. This is being prioritised to equip staff working in priority areas. The guidance identifies those areas as: RIDU, ED, Critical Care and Obstetrics.

Outwith these areas please continue to follow standard infection control procedures

Important Reminders

Please refer to these website for the latest guidance and information:
Health Protection Scotland Covid-19
This includes guidance documents for clinicians, advice for staff in other settings, etc
https://www.hps.scot.nhs.uk/a-to-z-of-topics/wuhan-novel-coronavirus/#news
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