Staff Helplines

We have 2 helplines available for staff. You can find this information towards the bottom of today’s Speed Read.

Important Information

Pan-Lothian Virtual Grand Round

We are holding the inaugural Pan-Lothian Virtual Grand Round from the Western General Hospital (WGH) on Wednesday 15 April. The Infectious Disease/ITU team at the WGH will present the clinical pathway of a COVID-19 patient from admission to hospital. It starts at 12.30pm sharp. The videolink will be open from 12.15pm. The talk will last around 45 minutes with 15 minutes to cover questions. To find out more click here

Use and Cleaning of Electronic Devices – Tablets/iPads

The donation of iPads has been very welcome and help patients to stay in touch with their family and friends while strict visiting restrictions are in place.

To reduce possible infection transmission it is important to regularly clean electronic devices such as tablets/iPads.

Cleaning electronic devices:
In the absence of adequate decontamination advice from the manufacturer:

- Perform hand hygiene and don appropriate PPE for cleaning (apron and gloves)
- Use an alcohol wipe (70% ethanol) across entire device
- Place device on dry, clean surface to allow to dry
- Remove PPE and put in clinical waste
- Perform hand hygiene
- Store the clean device in designated clean storage area for next use.
This procedure should be followed between each use.

More detailed information can be found on the Covid Base on the intranet.

**COVID Dashboards**

To enable us to support planning around Covid-19 we are using tableau dashboard technology. Staff who require access can email wav.dashboards@nhslothian.scot.nhs.uk to obtain a consent form.

**Use of Social Media**

Ward teams have been asking if it’s ok to post videos on NHS Lothian’s social media feeds when patients leave their wards having recovered from Covid-19. It’s great to be able to do this, when patients are happy for that to happen, but you must obtain written consent to do so. This protects you and your patients. You can find a copy of the short consent form here.

If you need advice on a service’s social media account please contact Lothian.communications@nhs.net so we can help keep you right.

**City Cabs Offers**

City Cabs have a range of offers to support NHS and social care staff in Edinburgh. Despite initial confusion on the part of some drivers, City Cabs confirm this is open to all staff working as we are all working to support our Covid Response in one way or another.

- FREE taxi journeys in the local area for NHS staff (valid ID required)
- 40% OFF all taxi journeys in the local area for over 65s and carers (valid ID required)
- 30% OFF all metered fares to help you and your family to stay safe.

Services City Cabs are offering:
- click & collect food shopping
- prescription pick-up and delivery
- emergency appointments.

For more information about this and their charitable fundraising efforts visit their website

**Endura – cycle clothing offer**

Endura, a Livingston-based cycle clothing company, is currently offering 50% off everything on its website for NHS staff. More information can be found at www.endurasport.com

**Staff Health**

Self-Management Guides and well-being support - Reminder
NHS Lothian, in collaboration with NES, has created a series of self-management guides to support colleagues as we respond to COVID-19. These are available on the intranet and internet within the COVID-19 Hubs. Check out these simple prompts to help you and your team end your shift well so you can let go of stress and make the most of your downtime. You can find a whole range of wellbeing materials in the COVID-19 Hubs on both the intranet and internet.

A Reminder

This Section contains important information previously issued which is unchanged

MED - Interim FY1 Induction

The MED team are welcoming around 180 new doctors who are starting their clinical careers early with us in South East Scotland. Our trainers are providing local site inductions, simulation sessions and dedicated workshops including COVID-19 updates for our new Foundation Doctors. These doctors will be starting on the wards in the coming weeks, so please join us in making them feel welcome and part of the NHS Lothian team.

Oxygen Management During COVID-19

During the COVID pandemic the correct prescription and administration of oxygen to patients is more important than ever. All patients must be prescribed a target range for their oxygen saturations on admission. For patients at risk of hypercapnoea a target range of 85-90% should be prescribed. For patients who are not at risk of hypercapnoea a target range of 92-96% should be prescribed.

The nursing team should increase and decrease the amount of oxygen administered in order to keep the patient’s saturations within the prescribed target range.

A poster, for ward areas, giving advice on how to administer and adjust oxygen is available to print out on the NHSL COVID-19 Base, under ‘Patient Management’ (Oxygen Poster Ward Management in COVID) along with a document (Oxygen Advice in COVID) giving further information.

NHS Lothian PPE Guidance

Following the publication of the four country guidance on PPE published 2nd April 2020, our lead nurse for Infection Prevention and Control has finalised the NHS Lothian summary for all staff working across our health and social care environments; this has been endorsed by our staff side representatives.

The new guidance applies additional precautionary control measures over and above standard and transmission based infection control precautions. Please see an explanation of this guidance by Lindsay Guthrie, Lead Infection Control Nurse and Donald Inverarity, Consultant Microbiologist and Lead Infection Control Doctor.
Recording Face Fit Testing

From 13 April there are some changes to the way we record face fit testing for registered and unregistered staff. All areas with registered and unregistered staff should check the document in Covid-19 Base in PPE Guidance and Infection Control Information to add or update any further mask skills for staff. Any queries please contact the eRostering helpdesk on ext 32690 or email erostering@nhslothian.scot.nhs.uk or regarding the RPE service email RPE.Service@nhslothian.scot.nhs.uk.

COVID-19 Training

A range of COVID-19 training resources are available online. These can be accessed via the intranet, internet, and via your own LearnPro (search for 'Covid-19'). In addition the NES Turas resources for COVID-19 are also available.

Internet  https://staff.nhslothian.scot/COVID-19/Training/Pages/default.aspx

Volunteers – Update for Charge Nurses & Team Leaders of patient areas (Acute/REAS/H&SCP)

There has been a phenomenal and hugely successful effort to rapidly recruit volunteers to help out in a variety of ways across our system. Around 560 volunteers have now come through our interview and assessment process. Get ready to welcome Ward Helper Volunteers, identified by their purple T shirts, who will start on the wards this Wednesday (15th April) following PPE training which they are currently undergoing. You can find full role description on the COVID-19 Base on staff intranet here. You can also find contact details for co-ordinator for each site / service here.

Staff Helplines

We have 2 helplines for staff:

If you need information about general operational issues such as workforce guidance, testing, PPE or other general queries, and you can’t find what you are looking for on the NHS Inform or Health Protection Scotland websites, please call 0131 537 8530 (Ext 88530) and the staff will try to help, alternatively there may be information available on the COVID-19 page on the intranet. Lines are open: Mon-Fri, 8am-6pm.

Here For You -

If you are worried, anxious or stressed and need a listening ear from experienced clinicians please call our staff wellbeing helpline, Here For You. This line can also help you with practical concerns such a financial advice or information on supporting an elderly or vulnerable relative.

Call on: 0131 451 7445  Mon – Fri , 8am-6pm

If you can’t call between 8am and 6pm, please email your contact details to Here4U@nhslothian.scot.nhs.uk.

Validated Statistics as at 1400
A total of 32,885 people in Scotland have been tested. Of these:

- 26,497 tests were confirmed negative
- 6,358 tests were positive
- 615 patients who tested positive have died

**Important Reminders**

Please refer to these website for the latest guidance and information:

**Health Protection Scotland Covid-19**
This includes guidance documents for clinicians, advice for staff in other settings, etc
https://www.hps.scot.nhs.uk/a-to-z-of-topics/wuhan-novel-coronavirus/#news

**World Health Organisation Covid-19**
https://www.who.int/emergencies/diseases/novel-coronavirus-2019

**UK Government Covid-19 Action Plan**

**Scottish Government: Coronavirus in Scotland**

If you have any communication related questions please email: lothian.communications@nhs.net