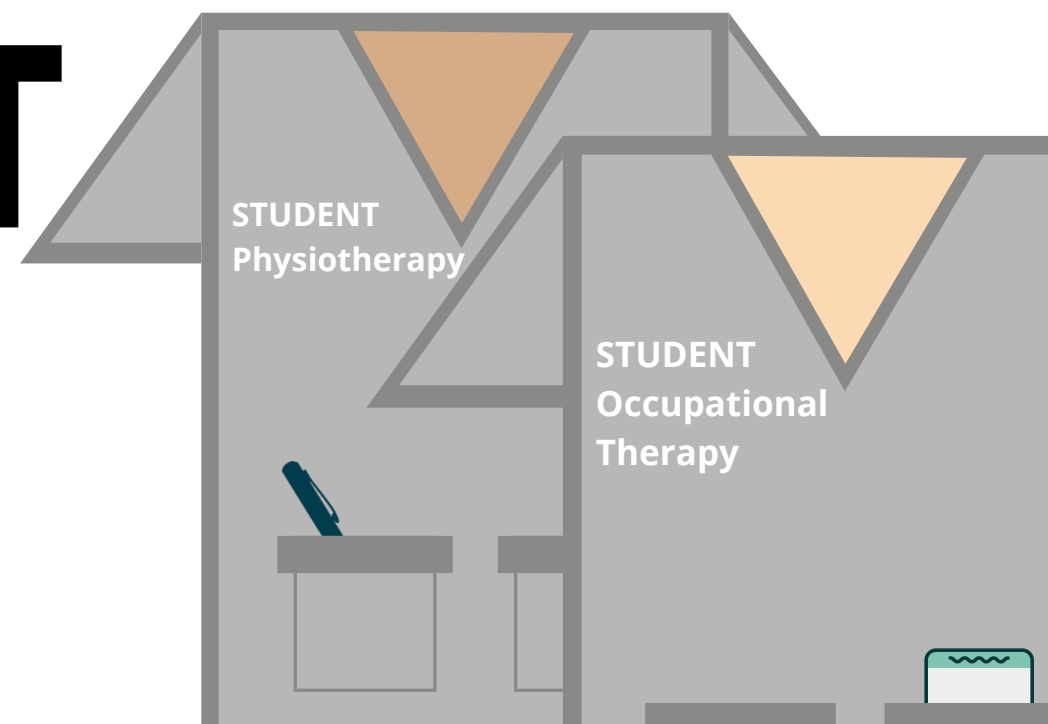


West Lothian REACT (Placement 2)

Organised by West Lothian Rapid Elderly Assessment Care Team (REACT)



Details of the Placement

LENGTH:	8 weeks
STUDENTS:	2 - 1x physiotherapy and 1x occupational therapy
PRACTICE EDUCATORS:	2 - 1x PT and 1x OT
TYPE OF PLACEMENT:	Peer-Assisted Learning (PAL)
TYPE OF CONTACT:	Blended - online and face to face (both with educators and patients)

Description

- Both students worked together to plan and lead 2-3x weekly online **Falls Prevention** classes for up to 6 attendees at a time.
- Outwith the classes, the students participated in **domiciliary visits** to patients referred to the service.
- Students were given time prior to classes and visits to conduct **research** into appropriate areas.

Preparation

- Majorly the same as previous placement, however, PE reached out to various other departments to ask for a second PE to be part of the placement.
- The two PEs then worked together prior to and during the placement.

WHAT WENT WELL? *For the team & the students*

- The longer 8 week placement allowed the **students** to settle into their role and gain **confidence** with delivering the classes.
- Both the PEs and students felt that having **shared learning between the two disciplines** (OT and PT) benefited everyone greatly. The PT student had a great amount of background understanding of exercise/rehab programmes, and the OT Student brought a more practical element to the classes e.g counting coins and zipping jackets

WHAT WERE SOME LEARNING POINTS?

The only identified area of difficulty for the team was the limited options for **continuation after the placement** had ended - it was felt that continuing the classes would of a great benefit to the team, patients and future students. Investigations have begun into funding classes on a longer term basis for students to run as a **standard placement**, however, nothing has been successfully negotiated so far.

