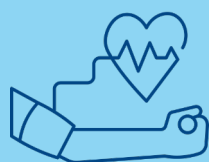


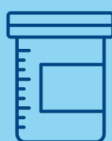
9 Processes of Diabetes Care

Measurements for people living with diabetes.



Blood Pressure

Target <130/80mmHg
Adults 80yr+: <150/90mmHg



Urine albumin:creatinine

ACR <3mg/mmol



Smoking Status

Refer to Quit Your Way
cessation service



HbA1c

Target <48mmol/mol
53mmol/mol - insulin and/or sulphonylureas
64mmol/mol - frail (moderate-severe)
70mmol/mol - frail (very severe)



Serum Creatinine

Assess for CKD,
manage risk factors



Serum Cholesterol

Refer to lipid guidance in Lothian
Hypertension Guidelines



Weight & BMI

Consider referral to weight
management programmes
(if appropriate)



Foot Risk

Every 2 years if low risk
RefHelp: Management
of the Diabetic Foot



Retinopathy screening

Every 2 years if low risk
0131 536 4145
loth.diabeticeyescreening
@nhslothian.scot.nhs.uk (internal)