















# Diabetes Foot Resources

## Guidance Documents / Manuals / Competency Documents

<b>Diabetic Foot Risk Stratification and Triage Chart</b>	<i>Traffic-light chart used by clinicians to assess and triage diabetic foot risk.</i>	 <a href="#">TrafficLights.pdf</a>
<b>NHS Lothian Diabetes Foot screening competency document</b>	<i>Competency framework to ensure staff meet standards in diabetic foot screening.</i>	 <a href="#">Diabetic-foot-screening-competency.pdf</a>
<b>SCI Diabetes Foot screening tool manual</b>	<i>Manual for using the SCI-Diabetes electronic foot screening tool.</i>	 <a href="#">Foot-screening-tool-manual v05.pdf</a>
<b>SCI Diabetes User Guide – Foot Surveillance &amp; Management Tool</b>	<i>Guide for clinicians using SCI-Diabetes for monitoring and managing foot risk.</i>	 <a href="#">SCI-Diabetes-User-Guide Foot-Surveillance-and-Management-Tool-User v0.7.pdf</a>
<b>SIGN Guideline – Management of Diabetes</b>	<i>National clinical guideline including diabetic foot management recommendations.</i>	 <a href="https://www.sign.ac.uk/assets/sign116.pdf">https://www.sign.ac.uk/assets/sign116.pdf</a>

<p><b>NICE Guideline – Diabetic Foot</b></p>	<p><i>NICE recommendations for diabetic foot assessment, ulcers and management.</i></p>	 <p><a href="https://www.nice.org.uk/guidance/ng19/chapter/Recommendations#diabetic-foot-ulcer/">https://www.nice.org.uk/guidance/ng19/chapter/Recommendations#diabetic-foot-ulcer/</a></p>
<p><b>NICE Guideline – Peripheral arterial disease: diagnosis and management Guidance</b></p>	<p><i>Clinical guidance on diagnosing and managing peripheral arterial disease.</i></p>	 <p><a href="#">Overview   Peripheral arterial disease: diagnosis and management   Guidance   NICE</a></p>
<p><b>Prolevo Pressure Care Product Focus</b></p>	<p><i>Overview of Prolevo pressure-relieving products for foot/heel protection.</i></p>	 <p><a href="https://view.page/p/f7zedA">https://view.page/p/f7zedA</a></p>
<p><b>CPR for feet poster</b> <b>CPR for feet algorithm</b> <b>CPR for feet manual</b></p>	<p><i>Poster outlining the CPR for Feet steps to identify and escalate concerns and clinical decision-making flowchart to guide correct escalation.</i></p>	 <p><a href="https://www.diabetesinscotland.org.uk/resources/">https://www.diabetesinscotland.org.uk/resources/</a></p>

## E-Learning / Online Training Modules

<p><b>Diabetes Foot Screening - Foot Risk Awareness and Management Education (FRAME)</b></p>	<p><i>National e-learning programme teaching foot screening and risk assessment.</i></p>	 <p><a href="https://www.diabetesframe.org/">https://www.diabetesframe.org/</a></p>
<p><b>CPR for Feet – SSSC Open Badges</b></p>	<p><i>Digital learning badge recognising knowledge of CPR for Feet prevention approach.</i></p>	 <p><a href="https://www.badges.sssc.uk.com/badges/cpr-for-feet/">https://www.badges.sssc.uk.com/badges/cpr-for-feet/</a></p>
<p><b>CPR for feet: Educational tool</b></p>	<p><i>Online educational package supporting recognition and escalation of foot issues.</i></p>	 <p><a href="#">CPR for Feet   Turas   Learn</a></p>
<p><b>Mydiabetesmyway- diabetes foot complications</b></p>	<p><i>Patient-focused online education about diabetes-related foot complications.</i></p>	 <p><a href="https://mydiabetesmyway.scot.nhs">https://mydiabetesmyway.scot.nhs</a></p>
<p><b>Diabetes UK: Diabetes and feet- foot problems</b></p>	<p><i>Information for the public on foot risks, warning signs and self-care.</i></p>	 <p><a href="#">Diabetes and feet   Foot problems   Diabetes UK</a></p>

## Videos (Training / Educational / Demonstration)

<p><b>Don't forget the Feet/ CPR for Feet Video and Song</b></p>	<p><i>Public-friendly video encouraging awareness of diabetic foot care.</i></p>	 <p><a href="https://youtu.be/4YTuzuC_A1s">https://youtu.be/4YTuzuC_A1s</a></p>
<p><b>SCI Diabetes Foot Care tile - User Guide Video</b></p>	<p><i>Walkthrough of the SCI-Diabetes Foot Care digital tool.</i></p>	 <p><a href="#">SCI-Diabetes Foot Care tile - User guide video on Vimeo</a></p>
<p><b>SCI Diabetes Foot and Ulcer Management System Video</b></p>	<p><i>Training video demonstrating how to use the SCI ulcer management system.</i></p>	 <p><a href="#">SCI-Diabetes Foot and Ulcer Management System on Vimeo</a></p>
<p><b>Foot Surveillance and Monitoring Tool: Training Video</b></p>	<p><i>Training session explaining foot surveillance documentation processes.</i></p>	 <p><a href="#">Foot Surveillance and Monitoring Tool Training Video-</a></p>
<p><b>Prolevo Pressure Care Solutions: Application Guide Video</b></p>	<p><i>Demonstration of applying Prolevo pressure-relief products.</i></p>	 <p><a href="https://www.youtube.com/watch?v=F9nSN7r5AsM">https://www.youtube.com/watch?v=F9nSN7r5AsM</a></p>
<p><b>CPR for feet videos- application of pressure relief</b></p>	<p><i>Demonstration videos showing pressure-relief techniques.</i></p>	 <p><a href="https://www.diabetesinscotland.org.uk/resources/">https://www.diabetesinscotland.org.uk/resources/</a></p>

## Patient Information Resources

<b>Patient advice leaflets</b>	<i>Leaflets for people with diabetes covering foot care and other complications.</i>	 <a href="https://www.diabetesinscotland.org.uk/publications">https://www.diabetesinscotland.org.uk/publications</a>
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