

A Falls Day At Work

Game Cards

Print these sheets out. We suggest laminating them and then cutting each A4 sheet into the separate cards.

If you do not have a CSW player, remove every card which has a star.

Event Cards

Event Card

1

A falls alarm has been activated

Event Card

1

A falls alarm has been activated

Event Card

1

A falls alarm has been activated

Event Card

1

Gregory Lestrade's son has phoned looking for an update following his transfer

Event Card

1

A patient who is a high falls risk has started mobilising. They require supervision to prevent a fall.

Event Card

1

A falls alarm has been activated

Event Card

1

A patient has become increasingly agitated. A staff member is required to verbally de-escalate their behaviour

John Watson/Martha Hudson

**John
Watson**

3

Discuss with John and his family regarding resuscitation and treatment escalation

**John
Watson**

3

Post-fall medical review

**John
Watson**

2

Continuous observation for a period of half an hour due to increased symptoms of agitation

*

**John
Watson**

2

Complete post-falls checklist

**John
Watson**

2

Liaise with pharmacy to arrange an urgent supply of entacapone

**John
Watson**

1

Routine mobility review

**John
Watson**

2

Discussion with John's family regarding his care needs, and whether these care needs could be met at home with a package of care and family support

**Martha
Hudson**

1

Prescribe insulin

**Martha
Hudson**

4

Mobility review within 24 hours of admission

This can only occur if analgesia is prescribed for Martha

Martha Hudson

Martha Hudson

2

Review notes from RIE to clarify mobility since admission

Martha Hudson

2

Discuss with Martha and her husband regarding her care needs at home

Martha Hudson

1

Arrange new spectacles

Martha Hudson

2

Refer to Podiatrist and Diabetic Specialist Nurses at your hospital

Martha Hudson

1

Redress diabetic foot ulcer

Martha Hudson

2

Capillary blood glucose four times a day

Martha Hudson

2

Martha has had an episode of double incontinence. She requires a change of bedding and clothes.

*

Martha Hudson

3

Review bed, chair and toilet transfers

This can only occur if analgesia is prescribed for Martha

Martha Hudson

1

Prescribe Oxycodone M/R 5mg twice a day

Irene Adler

**Irene
Adler**

2

Contact patient's son to discuss discharge

**Irene
Adler**

3

Kitchen assessment

**Irene
Adler**

3

Assess for and order equipment (e.g., perching stool, raised cushion, bed lever)

**Irene
Adler**

1

Organise Irene a PM taxi to take her home

*

**Irene
Adler**

2

Discharge Irene.

This can only be done if the following tasks have been completed:

- stair and kitchen assessments
- equipment order
- referral to discharge to assess
- discharge letter
- lying and standing blood pressure

**Irene
Adler**

1

Lying and standing blood pressure

**Irene
Adler**

4

Complete discharge letter

**Irene
Adler**

3

Stair assessment

**Irene
Adler**

1

Arrange 2 zimmer frames for home on discharge (one for upstairs, one for downstairs)

Irene Adler/Gregory Lestrade

**Irene
Adler**

1

Refer to Discharge to
Assess

**Irene
Adler**

2

Provide education
about mobilising at
home on discharge

**Gregory
Lestrade**

1

Review Occupational
Therapy notes from RIE

**Gregory
Lestrade**

4

Nursing admission

**Gregory
Lestrade**

2

Admission falls
prevention checklist

**Gregory
Lestrade**

4

Review for chest
physiotherapy

**Gregory
Lestrade**

4

Medical review and
clerk-in

**Gregory
Lestrade**

2

Perform bloods and
blood cultures

Miscellaneous

Patient mealtime

2

Assist patients to and from Day Room for meal-times



Break

2

Take your break



Another ward

3

You are cross-covering another ward. There is a patient who is medically fit for discharge. An Occupational Therapy review has been requested.

Treatment Room

2

Check and stock the treatment room



Observations

2

Do the observations round



Miscellaneous

Patient mealtime

3

Assist patients to eat
their meals



Care Round

3

Do the care round



Drug Round

4

Do the medicines round

Another ward

2

You are cross-covering
another ward. A patient
wishes to go home as
soon as possible for
end-of-life care. They
require an OT review to
facilitate discharge.

Another ward

2

You are cross-covering
another ward. There is a
patient who can be
discharged if they are
sufficiently mobile.
They require a PT
assessment